

Who can be referred?

- Younger adults with dementia aged 16-65 (Outside of this age range please contact us to discuss)
- This person would be supported by a carer aged 16+
- Carers and service users living in the **Three Rivers, Watford** or **Hertsmere** areas of Hertfordshire

How to refer

The main route for referrals is via the Specialist Mental Health Teams for Older People. Outside of this route, please call the service direct to discuss.

Carers are actively involved in the referral process and ideally they will have already had a carer's assessment which will have identified a need for this service.

Access to files

The project operates an open file policy. This means that service users can access their personal files if they wish. The only exception to this is information given by a third party or about a third party. Confidential information is held separately unless specifically released by the provider.

Contact us

For more information or to discuss a potential referral please contact us on:

Tel & Fax 01923 805597

Younger People with Dementia Service

The Centre for Well Being
501 St Albans Road
Watford
WD24 7RQ

email yod@turning-point.co.uk

You can find out more at:

www.hertsmh-turning-point.co.uk

www.turning-point.co.uk

About Turning Point

We turn lives around every day, by putting the individual at the heart of what we do. Inspired by those we work with, together we help people build a better life.

Established more than 40 years ago, Turning Point is the UK's leading social care organisation. We provide services for people with complex needs, including those affected by drug and alcohol misuse, mental health problems and those with a learning disability.

Confidentiality

All staff adhere to strict ethics on client confidentiality under the Data Protection Act 1998.

Turning Point is a registered charity, no.234887, a registered social landlord and a company limited by guarantee no.793558 (England & Wales). Registered office: Standon House, 21 Mansell Street, London, E1 8AA

FSC
MINIMUM AREA
INC CLEAR SPACE



Younger People with Dementia Service

Three Rivers, Watford & Hertsmere



Supporting carers of younger people with dementia to take short breaks



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The fact that you provided positive activities in a one-to-one situation in our own home reduced her anxiety levels considerably and helped to stimulate her already severely diminished mental skills. From my own point of view I was able, even at work to ‘mentally switch off’ my own anxieties during those specific times in the knowledge that she was in the safe hands of skilled and professional caring people.

Quote from a carer

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About the Younger People with Dementia Service

Our service for younger people with dementia provides flexible support that enables carers in **Watford, Three Rivers** and **Hertsmere** to take time out. A short-duration respite service that works alongside existing services, we help carers by spending time with the service user so that the carer can have a break from their role.

An innovative, professional **Turning Point** service, we provide creative, proactive, flexible support that improves the quality of life for both the service user and their carer.

The service will also support carers to identify and access the support that they need as well as working with the person that they care for. This may include practical and emotional support as well as signposting to carers' services and support groups.

What is dementia?

Dementia is an umbrella term for a number of conditions involving a **decline in mental ability**. Functions affected may include: memory, learning, communication and changes in behaviour and personality. **Young onset dementia** affects adults between the **ages of 16 and 65**.

How does the service work?

We give carers a break of between one to two hours per visit. The duration and frequency of breaks is agreed at the referral stage but can lead to a short or long term arrangement depending on the carer's individual needs and circumstances.

The service operates **9am – 5pm, Monday to Friday** to provide flexible support based around the needs of carers and service users.

The service operates through community outreach – we visit service users in their home or meet at a community location, wherever the carer needs us to go within the area. We can spend time with a service user in their home or accompany them on social or leisure activities in the community. We can offer support to attend important appointments, meetings with professionals and day care services – any activity in the area where this gives the carer a break.