



## TP Designs

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This is an Internet Gift shop selling arts and crafts that are made at the service. The project is for people with mental health difficulties and our aim is to work towards increasing individual's skills and independence in a safe environment and providing a stepping stone to voluntary work, employment and/or further education where appropriate.

### About Turning Point Internet Project

The project will work in the following ways:

- 2 sessions per week run by a project worker and a second member of staff
- The sessions will consist of the following and individuals will be able to get involved with any or all of the areas:
  - Arts & Crafts
  - Basic IT skills
  - Photography
  - Uploading photographs and descriptions
  - Managing orders and getting orders posted
  - Checking stock/ ordering materials
  - Design/ new ideas of items to make

### How does the service work?

The service will work by:

- Promoting confidence, independence, self-esteem and recovery
- Enabling individuals to learn new skills e.g. use of computers, admin, photography, updating the website
- Enable people to develop interpersonal skills in a supported group setting.
- Help people to establish routine
- Allow people to contribute in whatever way they are able to, and develop skills in new areas whatever their abilities are.
- Whilst this project will not provide any direct qualifications or formal training, we would see it as a stepping stone for service users to build their confidence, skills and self esteem. Then, as and when individuals are ready, we will support them to link in with further training/ voluntary work or employment services
- Service users will be able to work as volunteers within the project supporting others to access it and develop their skills.

### Who can be referred?

Referrals are accepted for clients with mental health difficulties living in West Herts.

Please send a completed referral form to the above address.