



YOD Referral Policy

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General information:

Our service provides short periods of respite to carers of younger people with dementia in Watford, Three Rivers and Hertsmere. We help by spending time with the service user who has dementia so that the carer can take time out. We can also provide telephone support to complement the one to one visits. The service is designed to complement rather than replace existing respite services. We provide creative and flexible support to assist carers in their role

Who can be referred?

To be eligible for referral to the project, a service user will be:-

- Younger adults with dementia, aged 16-65. Outside of this age range please contact us to discuss.
- This person would be supported by a carer aged 16+
- Carers and service users living in the Three Rivers, Watford or Hertsmere areas of Hertfordshire.

Who can refer?

The main route for referrals is via the Specialist Mental Health Teams for Older People

Carers are actively involved in the referral process and ideally they will have already had a carer's assessment through the SMHT, which will have identified a need for this service.

Referral procedure

1. Initial enquiry
2. Then please send us the Contact Assessment form, risk assessment and any supporting information that will help us to support the individual. It is also helpful if you can include information about what support will be helpful to the carer and service user.
3. Referral Meeting - Referrer, Carer, Service User and Project Worker meet to discuss the service and complete a Support Plan. Plan the first visit and book a YOD Support Plan review for 4 months time
4. To have regular 4 monthly Support Plan reviews